



I'm Listening

By Anne Hagen, CEO

As a child we learn to use all our senses to observe and understand the world around us. Our senses help us grow and learn, each providing us with a different perspective. While I will certainly use all my senses to grow and learn as your CEO, I plan to focus on listening - not only to hear you but to understand. I have been blessed to have met many of you along your journey to the Home: many of you have been here long before me, and others more recently. Regardless of how long we have known each other, I am sure there is more that I can learn from each of you and I look forward to those opportunities.

I would like to invite you to reach out to Angela Pisano (x77217) and schedule either a lunch, a walk or a visit with me. My only request is that if you have a concern to share with me that you have previously taken the opportunity to share that concern with the most appropriate person that you know. As many of you often comment, we have a strong and caring staff here at the Home. I want to be sure we are always respectful to each other and give our employees every opportunity to do their job.

On another note, I would like to invite you to join me, some of the staff and Mark Mumford for an activity we are calling "The New CEO Game." Check the monthly calendar inside for the details. I hope this will be a fun-filled activity to give you an opportunity to learn more about me. Thanks in advance for your support. After a decade of service, I am most grateful for this new opportunity to serve you. I look forward to our days ahead in this wonderful community, The Crown Jewel of Masonry in Virginia.

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Resident Advisory Council

Paula Swansey
President

Peg Davis
Vice President

Steve Bollinger
Secretary

Mildred Johnson and Alice Bond-B Wing

Tom Kaufman—C and D Wing

Jim Herring— Magnolia Court
Peg Davis— Village

Health

Here's To Your Good Health!

What's Lurking in Your Refrigerator?

November 15 is National Clean Out Your Refrigerator Day. Make it a day to organize and clean out your refrigerator, a perfect way to start the holiday season and a great way to get creative with those leftovers. Start by throwing out everything that you don't remember putting in the fridge; chances are that all such items are spoiled. From there, move on to items that look or smell odd, then to things you know you will never use. Now you should be down to essentials and leftovers. Then make a vow to keep your fridge clean in the future, a vow that should last, at least, until your next trip to the supermarket.

Have You Heard?

November marks the anniversary of aeronautical experiments in 1782 (precise dates unknown) by Joseph Michel and Jacques Etienne Montgolfier, brothers living in Annonay, France. Inspired by Joseph Priestly's book "Experiments Relating to the *Different Kinds of Air*," the brothers experimented with filling paper and fabric bags with smoke and hot air, leading to the invention of the hot air balloon, man's first flight and the science of aviation and flight.

The birthstone is opal and symbolizes happiness, faithfulness, and loyalty. The flower is the Marigold.

Program Highlights

Resident Council Meeting Monday, November 4 9:30 AM Dining Room	Activities Committee Meeting Thursday, November 21 3:45 PM Library
Advisory Council Meeting Tuesday, November 19 10:00 AM Private Dining Room	Food Committee Meeting Tuesday, November 19 1:00 PM Private Dining Room

Program Highlights

Friday, November 1	10:30 AM to 1:30 PM	Gallery	Craft Sale
Friday, November 1	2:30 PM	TV Room	Exercise with Sharon
Thursday, November 7	2:00 PM	TV Room	Try your luck at Pokeno at the Card Social. Refreshments served
Monday, November 11	10:00 AM	Dining Room	Annual Cornerstone Insurance Enrollment
Monday, November 11	2:30 PM	TV Room	Veterans Day Program with presenter Jim Callear
Monday, November 11	7:00 PM	Multipurpose Room	Montrose Chapter Order of the Eastern Star Meeting
Tuesday, November 12	2:00 PM	Multipurpose Room	Veterans Day Film and Discussion. They Shall Not Grow Old.
Tuesday, November 12	3:00 PM	REB	Communion with Pastor Lynn
Thursday, November 14	2:30 PM	Dining Room	New CEO Game with Anne Hagen followed by Ice Cream Sundaes
Friday, November 15	2:00 PM	Multipurpose Room	Classic Movie Matinee
Wednesday, November 20	7:00 PM	Private Dining Room	Morrison's Gourmet Dinner Sign up only
Thursday, November 21	10:00 AM	Gallery	Coffee and Donuts from Country Style Donuts
Friday, November 22	5:00 PM	Multipurpose Room	Dessert and a Movie. Come try a variety of desserts followed by a recently released movie.
Monday, November 25	2:00 PM	Gallery	Tree Lighting Ceremony with the Grand Master and Anne Hagen
Tuesday, November 26	3:00 PM	Library	Book Club Group with the Henrico Library
Friday, November 29	1:30 PM	TV Room	Teaching Kitchen with Morrison's Dining Group

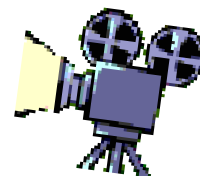
Entertainment

Friday, November 1 6:30 PM Dining Room	Vocal and keyboard performance by Craig Anders
Monday, November 4 2:30 PM TV Room	Golden oldies vocal performance by the traveling duo Nostalgia Live
Saturday, November 9 2:00 PM TV Room	Vocal performance by Denim– n- lace
Saturday, November 16 1:30 PM TV Room	Vocal country and gospel music performance by Nikki Headley
Tuesday, November 19 2:30 PM TV room	Thanksgiving music program with Erin Mowles, Certified Music Therapist
Thursday, November 21 2:30 PM TV Room	Performance by the Saints Alive Choir
Saturday, November 30 2:30 PM TV Room	Vocal and guitar performance by Tommy Custalow

Movies



Channel 5.1
6:00 PM



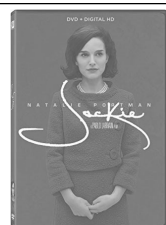
Monday, November 4
“The Bourne Identity”

Action-packed hit about a man who wakes up with no memory but has the skills of a very dangerous man.



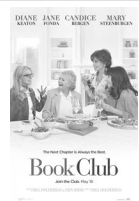
Friday, November 8
“The Bourne Supremacy”

He’s back, when they should have left him alone. Follow Jason Bourne in this action-packed sequel



Monday, November 11
“Jackie”

A drama about Jacqueline Kennedy and her strength through the passing of her husband



Friday, November 15
“The Book Club”

Four women find renewed love lives after they decide to read a saucy book for their club



Monday, November 25
“Downsizing”

Comedy about a man who shrinks himself down to five inches to live large in a luxurious downsized community of people.



Friday, November 29
“Gifted”

A man who is dedicated to raising his niece learns of her mathematical abilities and is left with a decision of whether to go with his gut or listen to her grandmother.

Trips and Outings

Shopping Schedule

November 6 Dollar Tree
 November 13 White Oak Village
 November 20 Walmart
 November 27 Dollar Tree



Friday, November 1 9:30 AM	Day trip to Farmville, VA, to visit wineries and have lunch
Monday, November 4 11:15 AM	Lunch at Peking Chinese Restaurant
Tuesday, November 5 9:00 AM	Voting trip to Montrose Elementary School
Tuesday, November 5 12:30 PM	Test your bowling skills and enjoy a trip to AMF bowling for a game and lunch
Thursday, November 7 11:15 AM	Lunch at McDonald's
Friday, November 8 11:00 AM	Masonic Home Luncheon at the Hilton Hotel in Short Pump
Monday, November 11 11:00 AM	Lunch at Kentucky Fried Chicken
Tuesday, November 12 1:30 PM	Trip to your neighborhood bank
Monday, November 18 4:45 PM	Dinner at Calabash Seafood Restaurant
Tuesday, November 19 11:15 AM	Lunch at Mekong Restaurant
Thursday, November 21 11:15 AM	Lunch at the John Marshall Hotel
Friday, November 22 10:15 AM	Trip to the VA Museum of Fine Art and Lunch
Monday, November 25 10:15 AM	Trip to the new Henrico County Library
Tuesday, November 26 11:00 AM	Lunch at Wendy's

Book Ends

By Richard Neiswander

Time of Elections, Veteran's Day and *Thanksgiving* ! Hope I do better this year as it took me five months to get back to losing weight. In NE Ohio November was time for snow! More in that month than Richmond usually gets in a year. But think of the good stuff - *Thanksgiving dinner!*

TELL ME

by Lisa Jackson

This is an unusual story! Very interesting! The correct investigation takes place twenty years after the actual murder. The thing that prompts it is that Blondell O'Henry who was convicted of it and is now about to be released because a witness has reversed his testimony.

Nikki Gillette and her fiance Detective Pierce Reed are caught up in the old murder where Blondell was convicted of murdering her daughter and current murders. How do the two mesh and who is responsible? By the time everything is brought to light, at least a dozen people from several prominent families are mixed up in the criss-cross of the original murder. The actual murderer is finally in prison.

THE PRESIDENT IS MISSING

by Bill Clinton and James Patterson

I wondered how these two could collaborate on a novel. As I got into it, the story had all the earmarks of a James Patterson novel with added realism apparently provided by Bill who was familiar with all the problems and constraints of the office of President. The basis of the story, which covers five days, is that a virus is in the country's computer system and will shut down just about everything.

Jonathan Lincoln Duncan, the President, is in trouble! He is being hounded by a congressional investigation when a visitor gives him the code word for the project to remove the virus. The woman invites him and only him to a meeting. He must go without his secret service protection. He informs his aide, Carolyn, puts on a disguise and slips out of the White House. He meets with Augie at the ball park. As they are leaving, shots ring out and the messenger is killed.

The story follows them through the next days when there is a sample of what will happen if the virus is not stopped: the congressman attempts to apply pressure, the Vice President works to assume the Presidency, the leading terrorist is arrested and finally, with minutes to spare, the virus is deactivated.

As with most, if not all novels, the story ends with "all's well." [by about 5 minutes!]

In Memoriam

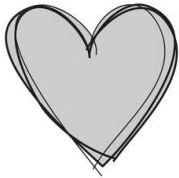


Forever in Our Hearts

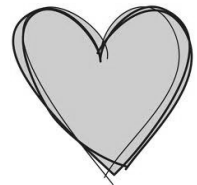


Thelma Sturgis

Anniversaries



November 15, 1969 Howard and Sharon Floyd



Notifications

Veterans Programs

Veterans Day Program with Historian Jim Callear

Monday, November 11, 2:30 PM - TV Room

Veteran's Day Film and Discussion Program

“They Shall Not Grow Old”

Tuesday, November 12, 2:00pm - Multipurpose Room

In honor of Veteran's Day: Please join us for a special screening of “They Shall Not Grow Old”. Marking the centenary of the First World War, internationally renowned director Peter Jackson (The Lord of the Rings) uses the actual voices of the WW1 veterans combined with original archival film footage to bring to life the reality of war on the front line for a whole new generation. Footage has been colorized, restored, and transformed with modern production techniques to present never-before-seen detail. This acclaimed documentary film wowed audiences in 2018 and early 2019, and sold out movie theaters across the country in special screenings. Following the film, we will have a discussion with our reactions, as well as a chance to share general thoughts and memories of war time from audience members. Don't miss this special event.

Notifications

Weight and Blood Pressure Checks

Please bring your pendants with you.

Monday, November 4
8:00 AM to 1:00 PM
D Wing Recreation Room

Monthly Meeting with Meridian Lodge No. 284

Meridian Lodge No. 284 Monthly Meeting will be held on the
4th Monday in the Multipurpose Room at 12:00 PM.

Meeting is open to ALL Master Masons.
Please come and join us!

SAVE THE DATE

Candlelight Dinner
Tuesday, December 10

Teaching Kitchen

Friday, November 29
2:00 PM
TV Room
Sign-up required to reserve a seat

Gourmet Dinner

Wednesday, November 20
7:00 PM
Private Dining Room
Sign-up sheet and menu will be posted at the Activity sign-up table on
Friday, November 1 and collected on Wednesday, November 13.
\$14.99 per resident.

Notifications

Craft Sale with Priscilla Sensabaugh

Friday, November 1
10:30 AM to 1:30 PM
Gallery



New CEO Game with Anne Hagen

Learn more about the Home's new CEO, Anne Hagen,
at a fun game followed by Ice Cream Sundaes

Thursday, November 14
2:30 PM
Dining Room



Tree Lighting Ceremony With the Grand Master and Anne Hagen

Monday, November 25
2:00 PM
Gallery



Brain Fitness

						2		
	8				7		9	
6		2				5		
	7			6				
			9		1			
				2			4	
		5				6		3
	9		4				7	
		6						

Sudoku Puzzle

Fill each row, column, and each of the nine 3 X 3 grids with the numbers 1-9.

The numbers 1-9 cannot be repeated in each row, column, and 3 x 3 grids.

Answer key is on page 12

Happy Birthday to You!

Happy Birthday to the following residents who celebrate their birthdays:

- 11/4 Catherine Busbee
- 11/4 James Friis
- 11/8 Thomas Spain
- 11/9 Judith Burcham
- 11/9 Betty Lide
- 11/14 Garland Campbell
- 11/18 Peg Davis
- 11/23 Gordon Sprigg
- 11/23 Carl Whittington
- 11/25 Hazel Woodward
- 11/26 Robert Boggs
- 11/27 Cathy Hinkle

Employee Birthdays

- 11/2 Veronica Wilson
- 11/3 George Bey
- 11/3 Rosa Ayala
- 11/3. Gail Henshaw
- 11/4 Nana Smallwood
- 11/5 Audrey Puentes
- 11/6 Yolanda James
- 11/9 Semiko Wyatt
- 11/15 Shirley Thompson
- 11/17 Mabel Amuzu
- 11/18 Regina Pettaway
- 11/19 Mary Gibson
- 11/23 Cassandra Walters
- 11/25 Yvette Williams
- 11/27 Janice Martin
- 11/27 Susan Berryhill
- 11/27 Patrick Jones
- 11/28 Sheronda Baker

Scan this QR image to go to the Masonic Home Website.



Welcome New Residents

Carol Vickers
Churchland Lodge No. 276

9	5	7	6	1	3	2	8	4
4	8	3	2	5	7	1	9	6
6	1	2	8	4	9	5	3	7
1	7	8	3	6	4	9	5	2
5	2	4	9	7	1	3	6	8
3	6	9	5	2	8	7	4	1
8	4	5	7	9	2	6	1	3
2	9	1	4	3	6	8	7	5
7	3	6	1	8	5	4	2	9

Masonic Home Census -- 194

The MAHOVA News

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