



# MAHOVA

## News

May 2022

### Memorial Day

Memorial Day is a United States federal holiday observed on the last Monday of May. Memorial Day, originally called Decoration Day, is a day of remembrance for those who have died in military service for the US. There is some dispute to the origin of the first observed Decoration Day. Some believe late May was chosen as the date for this holiday because the flowers used to decorate graves would be in full bloom in both Northern and Southern states. Others state the first Decoration Day date was chosen because it didn't coincide with the anniversary of any battles. The first Decoration Day was observed on May 5, 1868. The day involved placing flowers on the graves of Union and Confederate soldiers at Arlington National Cemetery. Since the late 1950's, on the Thursday before Memorial Day, 1,200 soldiers from the 3rd U.S. Infantry place small American flags at each of the more than 260,000 gravestones at Arlington National Cemetery. They then patrol 24 hours a day during the weekend to make sure each flag remains standing.

Beginning in 1998, on the Saturday before Memorial Day, the Boy Scouts and Girl Scouts place a candle at each of the 15,300 grave sites of soldiers buried at Fredericksburg and Spotsylvania National Military Park.

In 2000, the National Moment of Remembrance Act defined 3:00 PM (local time) on Memorial Day as the National Moment of Remembrance. Numerous organizations honor this time: such as Major League Baseball games pause, Amtrak trains blast their whistles, and hundreds of other participants suspend their activities in remembrance.

Every year, the president requests all governors to fly their flags at half-staff until noon on Memorial Day.

Gone, but not forgotten.

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#### **Resident Advisory Council**

**Peg Davis**  
President

**Ray Taylor**  
Vice President

**Sandra Young**  
Secretary

**Bland Wade and Nancy Lee**  
Martin-B Wing

**Butch Carver and Jerri Morton**— C and D Wings

**Steve Bollinger and Peg Davis**  
— Village

**Gordon Sprigg**— Magnolia Court

# Health

**Here's To Your Good Health!**

May is American Stroke Awareness Month. A stroke occurs when a blood vessel in the brain ruptures or bleeds, or when there is a blockage of the blood supply to the brain. Without the oxygen from your blood, brain cells and tissue become damaged and begin to die within minutes.

It is important to know the signs of a stroke. A stroke requires immediate medical attention because prompt treatment is key to preventing further physical damage to your body.

Stroke symptoms can include:

- Paralysis
- Numbness or weakness in the arm, face and leg on one side of the body
- Trouble speaking or understanding
- Slurred speech
- Confusion, disorientation, or lack of responsiveness
- Sudden behavior changes, especially increased agitation
- Vision problems
- Trouble walking
- Loss of balance or coordination
- Dizziness
- Severe sudden headache without a known cause
- Seizures
- Nausea or vomiting

It is better to be overly cautious when dealing with a stroke. If you think someone maybe experiencing a stroke, don't be afraid to seek medical attention immediately.

## Notifications

### **Meridian Lodge Monthly Stated Meeting**

Monday, May 16

11:00 AM—Lunch— Dining Room

Meal tickets required for residents not on a meal plan.

12:00 PM— Stated Meeting— All Master Masons Invited— Multipurpose Room

## Book Ends

### By Georgeen Carden

Janet Evanovich . . . . .

Janet Evanovich was born in 1943 in South River, New Jersey. She was very artistic growing up and majored in art as a day student at a local community college. She realized that she could never make a living painting pictures and got married and became a “stay-at-home” mom. She had two children, baked bread and took the mom job seriously.

As her children grew older and more independent, she began to write. She started out writing romance novels and collected rejection letters from publishers for ten years. She was very discouraged and thought she would quit writing, but her family urged her to keep writing.

About this time she decided she would do better with mysteries and crime stories. She invented a young woman who went to college but couldn't find a job, got married then divorced, finally accepted a job in her cousin Vinnie's bail bonds business. Thus, Stephanie Plum was born. Evanovich sold her first Stephanie Plum novel for \$2,000. Stephanie was a girl everyone could relate to. If anything could go wrong, it did. There are two men in her life. Joe Morelli is a cop in Trenton, N.J. where all the novels in the Plum series take place. Ranger first appears as an apprehender of people who have missed their court appearance, the job which Stephanie will take over. One other character who is important to this series is Grandma Mazur, Stephanie's maternal grandmother.

I had already read the Evanovich novels in the MAHOVA library, so I downloaded number 27 in the Stephanie Plum series and read *Fortune and Glory*. Grandma Mazur had (in novel 26) married a criminal who died 45 minutes later at the wedding reception. The criminal, whose name was Jim, belonged to a crime group who met weekly in a room behind a bar they owned. Each guy had his own laz-e-boy chair for their meetings. In number 27, when Jim died, the others decided to give his laz-e-boy to Grandma Mazur. The six laz-e-boy criminals had acquired a treasure of some sort and Jim had hidden it because it was too hot to fence. He had made up clues to the treasure's whereabouts and given each laz-e-boy a clue. In addition, Jim had given Grandma Mazur a key while he lay dying, but warned her that there was another key without which the hiding place would blow up if her key was used alone. Stefanie works at solving the mystery while apprehending three bail bond skips with interesting crimes. You must read the book to learn what and where the treasure was.

This book is fun to read as are all of Janet Evanovich's novels. She has written three other series, but I find Stephanie Plum the most entertaining. Evanovich has co-written novels with several other writers including her children. Her son is her business manager and agent and her daughter handles publicity and personal appearances. Janet writes. And that's all she does every day.

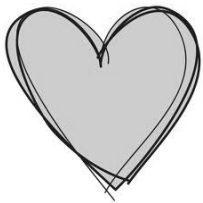
Now I need to get on the waiting list for number 28, *Game On*.

## Welcome New Residents

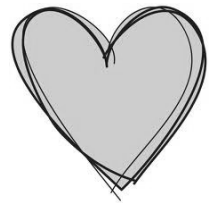
**Patricia Taylor**  
Donovan Lodge No. 75

**Wayne and Mary Ann Flora**  
Princess Anne Lodge No. 25

## Anniversaries



May 6, 1978 Raymond and Chris Taylor  
May 16, 1961 Albert and Jean Knapp  
May 21, 1988 Bland and Judy Wade  
May 22, 1998 David Jenkins and Evelyn Harding



## Have You Heard?

National Nurses Week begins May 6th and ends on May 12. This is an annual weeklong observance to show your support and raise awareness of all the many contributions and commitments that nurses play in society. The week long observance is celebrated in May because Florence Nightingale's birthday is on May 12. Nightingale is known as the founder of modern nursing. She became well-known for taking care of the wounded soldiers during the Crimean War. Nightingale was dubbed "The Lady with the Lamp" because she had a habit of making rounds at night. The birthstone for May is the Emerald which symbolizes rebirth and fertility. The flower for May is the Lily-of-the-Valley.

## Menu Highlights for May

### **Gourmet Dinner**

Sign-up Required  
\$21.00 Per Resident

Wednesday, May 11  
5:30 PM  
Private Dining Room

#### **Beef Tenderloin Medallion**

Potato-leek custard, blue cheese demi glaze

#### **Crab and Shrimp Imperial Stuffed Salmon**

Lemon Beurre Monte, Creamed Spinach

#### **New York Style Cheesecake**

Balsamic-strawberry Sauce

### **Brunch**

Sign-up Required. Meal tickets not  
required for this meal.

Tuesday, May 17  
10:30 AM—Wing Residents  
11:00 AM— Village Residents  
Outside, under tents by Babcock

Homemade Corned Beef Hash

Hot Ham and Swiss Croissant

Scrambled Eggs

Sherry Mushrooms with Snow Peas

Spring Berry and Yogurt Parfait

Zucchini Spice Cake

### **Dinner and Movie**

Sign-up Required. Meal Tickets are  
required if not on the meal plan.

Friday, May 20  
5:00 PM  
Dining Room

Hearts of Romaine Salad

Tomatoes, carrots cucumbers and Italian dressing

Old Bay Spiced Shrimp

Beer Braised Kielbasa Sausage

Corn on the Cob

Steamed Potatoes in Lemon Butter

Creamy Dill Coleslaw

Cornbread

Peanut Butter Cake

NSA Dessert

### **Taste of America**

#### **North Carolina**

No sign-up is required for this themed  
meal.

Meal Tickets are required if not on the meal  
plan.

Wednesday, May 25

4:00—6:00 PM

Dining Room

Oyster Stew

Carolina Style Pulled Pork (Vinegar Based)

Fried Chicken

Macaroni and Cheese

Collard Greens

Potato Salad

Coleslaw

Cornbread

Banana Pudding

## Notifications

**Mother's Day Lunch**  
**Sunday, May 8**  
**11:00 AM to 12:30 PM**  
**Dining Room**

Reservations required online by 4:30 PM on May 2.  
Please visit <https://www.mahova.org/schedule-a-visit/>  
Holiday meal tickets required for residents not on a meal plan.

Creamy Tomato Basil Soup

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London Broil

Roasted Turkey with Gravy

Shrimp, Crab, Spinach and Swiss Quiche

\*\*\*

Roasted Asparagus with Heirloom Tomatoes

Grilled Zucchini with Fresh Basil

Baked Fingerling Potatoes

\*\*\*

Banana Yogurt Breakfast Bread

Ice Cream Sundaes

Mimosas

## Tour of America

### May: North Carolina

Nicholas Sparks is an accomplished writer based out of North Carolina and many of his books have been adapted into films.

Please enjoy these movies based on Nicholas Sparks books for the month of May.

Monday, May 2—The Longest Ride

Friday, May 6—The Choice

Monday, May 9—The Best of Me

Friday, May 13—The Notebook

Monday, May 16— Nights in Rodanthe

Monday, May 23—The Last Song

Friday, May 27—Dear John

## Brain Teaser

# Springtime

V V R K U K E F J N Y J R A I N B O W B Q O Q R  
I L E I B I R D S E H F E T A L O C O H C L Y K  
G U B Y D A L B O W H R U C Y E T I K P F H F C  
L B U N N Y L J H A L L E R B M U S P I C N I C  
R K B J P G G N I Z Z U B X Z F C A N D Y A S M  
G A O P A S T E L S Q L E A S T E R B T R P E E  
A H N L Z C M W Q S G M N S T S E N Q I X R E R  
L S N Z N G E A W M Z F J T O L X Y T B T I B S  
D Q E C L G O I R L O C A L I L Z M S B L L U W  
S Q T R S D E E S C V O V N B C V V H A D E P C  
E G Q A E K N N A B H I L R M Y X J O R O G Z J  
I V X W J J J I P A T V B B A K A U W G R G T G  
D R B F D B B H A K N J X R L T X M E Y O S G J  
O B O I A U L S F R U O X T A D W V R H D W F J  
O A F S F B O N E O H P O O U N W G S W O Z R P  
G S Y H F B S U P C G N S W P L T N Q X O T E C  
I K P T O L S S L L B S N E I I I B E B Z K V A  
D E F R D E O H A I Y I E R V P Y P Y P I E O R  
Y T Z I I A M F A L U P T S Z C V U S L X L L R  
Z H F L L N L I K Y S P R I N G B R E A K D D O  
K C S S A R G Y L F R E T T U B O C O A S D U T  
O C N M Z C Y A B I C F Z M P D V G S R V U D K  
H M U J X W N X I K G E Y A D I L O H K Y P O V  
C S L D G J C H I C K S R E W O L F O C G A S G

vibrant	umbrella	tulips	sunshine	spring	springbreak	showers
seeds	rainbow	rain	rabbit	puddle	picnic	peeps
pastels	new	nest	may	march	lily	lilac
lamb	ladybug	kite	hunt	holiday	grass	goodies
flowers	eggs	easter	duck	daffodil	crawfish	chocolate
chick	carrot	candy	buzzing	butterfly	bunny	bubble

## Happy Birthday to You!

Happy Birthday to the following residents who celebrate their birthdays:

5/1	Seymour Kern	5/16	Bland Wade
5/8	Lettie Muncy	5/17	Zada Lea Kahn
5/8	Raymond Taylor	5/17	Daisy White
5/10	John Martin	5/19	Evelyn Harding
5/11	Mildred Milby	5/19	Anne Winder
5/12	Sue Grizzard	5/21	Judy Wade
5/13	Robert Hall	5/22	C.G. Grizzard
5/16	Valerie Hall	5/22	David Jenkins
5/16	Shirley Smith	5/30	Gardner Rollings

Scan this QR image to go to the Masonic Home Website.



## Employee Birthdays

5/1	Suzie Stafford
5/6	Reuben sergeant
5/8	Cheryl Wilkerson
5/10	Dennis Tatum
5/10	Luke Walsh
5/11	Gil Llamas
5/14	Joelle Schwartz
5/15	Stephanie Parham
5/15	Yusif Abukary
5/16	Henry Scott
5/17	Cynthia Cox
5/20	Michael Butler, Sr.
5/21	Sherri Horton
5/24	Samantha McQuinn
5/25	Cynthia Pleasants
5/26	Sherry Lewis
5/29	Carol Wood
5/30	Delores Smith

## Masonic Home Census -- 164

### The MAHOVA News

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Senior Administrator

#### **Kathy Bryant, ALFA**

Assisted Living Administrator

#### **Dr. Danny Felty**

Medical Director

#### **Terry Hilton**

Director of Development

#### **Regina Pettaway, RN**

Director of Nursing

#### **Ann Meeks**

Human Resources Director

#### **Mike Butler, Jr.**

Director of Facilities

#### **Lucas Tuthill**

Director of Dining

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